

## The Art of Eternal Love



**My service is to inspire the worship of the divine and to teach people how to worship with the greatest sincerity.**

**You begin to trust yourself with the choices that you make.**

# Chandi Chant



## Shakti: Faces of the Goddess

### **Kali, Goddess of Power**

Adorned with a garland of skulls and wielding a sword and other weapons, the fierce goddess Kali invokes a quality of transformation, power, dissolution, and liberation. Her iconography is striking, perhaps even terrifying to behold. She wears a skirt of severed arms, has her red tongue hanging out and her hair disheveled and wild. Both feared and loved, Kali is an undeniably fierce presence who guides her devotees through the paradoxes of life.

Working with Kali is demanding and yet ultimately liberating, if one surrenders to her wisdom. As absolute power, as the primordial mother, Kali embodies the mysteries of life: birth and death. She does not bow down to any hegemony. Kali removes the veils of our illusions and ignorance to reveal the underlying heart of reality. Her transformative shakti (or power) shows our conditioned and fear-based attachments, the ways we falsely believe we are separate, and all the contractions that limit our access to her knowledge.

Victory to Kali, who is the remover of fear, who takes You across Maya, who is the Mother and Cause of the Universe.

Victory to Kali, who is the enchantress of Shiva, who is evercompassionate and who is dark and beautiful.

Victory to Kali, who is the greatest yogini, who is the greatest enchantress, who bestows bhakti (devotion) and Mukti (Liberation).

Victory to Kali, who is the Mother of all, who has love for all, who is in the form of the Formless and who is also Energy.

• Jai Jai Kāli Mā

Unknown

Kali Durge Namō Namah

# om kali kaje namaha

Om aim hrim klim  
chamundayai vicce

[Kali Ma by WISDOM RISING | Free Listening on SoundCloud](#)

[Om aim hrim klim chamundayai vicce by WISDOM RISING | Free Listening on SoundCloud](#)

Meaning

[om aim hrim klim chamundayai viche – Chandi Chant \(wordpress.com\)](#)

Uma Chant

Om Sri Uma Maheshwaraya Namoh Namaha

Namoh Namaha



[Sri Uma Chant – Chandi Chant \(wordpress.com\)](#)

# Navratri Japa Mantra Practice

[Day One Navratri Japa Mantra Practice ~ Devi Shailaputri - YouTube](#)



Om Shree Sita  
Om Shree Rama  
Shree Sita Ramaya Namaha  
Om Shree Radha  
Om Shree Krishna  
Shree Radha Krishnaya Namaha

#### KALI GAYATRI MANTRAS

Om ādyāyai ca Vidmahe  
parameśvāyai Dhīmahi |  
Tan nah Kālī Pracodayāt ||

May we realize the primordial energy. May we meditate on that supreme universal goddess. May that goddess Kali propel us towards illumination.

Om Mahākālyai ca Vidmahe  
śmaśān-vasīnyai Dhīmahi |  
Tan nah Kālī Pracodayāt ||

(sometimes the first line is Kalaikayai instead of Mahakalyai, and the last line is Aghora instead of Kali)

We meditate on the great goddess Kali who resides in the cremation grounds (the ultimate form into which creation dissolves). May that goddess Kali propel us towards illumination.

Om pishāchadhvajāyai Vidmahe

Śūlahasthaya Dhīmahi |

Tan nah Kālī Pracodayāt ||

We meditate on Kali, who has the banner of the goblins, and bears the trident. May that goddess Kali propel us towards illumination.

Listen here: <https://youtu.be/EBO9OsU3RUM>

# Mantra to Feel the Divine Mother

Mantra to Feel the Divine Mother

aadi shaktee aadi shaktee aadi shaktee namo namo

I bow to the primal power.

sarab shaktee sarab shaktee sarab shaktee namo namo

I bow to the all encompassing power and energy.

pritham bhaagvatee pritham bhaagvatee pritham bhaagvatee namo namo

I bow to that through which the primal Goddess creates.

kundalinee maataa shaktee maataa shaktee namo namo

I bow to the creative power of the kundalini, the Divine Mother power.

Check out the meaning of each word! It's a great way to go deeper into the Mantra:

aadi: primal, not of time.

shaktee: feminine aspect of Divine. Shiva is the masculine aspect of the universe that has form and is embodied, and "shaktee" is the feminine aspect that is without form and un-embodied, often seen as Shiva Shakti.

namo: I bow. In this mantra we begin with the divine power that is before time, not of time, and primal. It is not of form, it is pure power. I bow.

sarab: all. All power. All the ways that “shaktee” manifests in formlessness and then also in form; power of nature, power of spirit, everything, all forms of power. I bow.

pritham: primal.

bhaagvatee: the Goddess, often depicted as the bearer/wielder of the sword that cuts through negativity. “bhaag” is the destiny, “bhaagvatee” is the maker of the destiny from a feminine energy of the universe.

kundalinee: coil or curl of the hair of the beloved. Often transliterated as Kundalini, it is the pathway of the energy, that rises up the spine in the shape of a gentle curl of the hair (kundal). Kundalinee is the feminine form of kundal.

maataa shaktee: This is the inherent power of the Mother of the universe who can manifest and nurture from spirit realm into earth realm. It may not be an easy process, like giving birth; yet there is a deep mother energy that nurtures us as we are delivered into our own sense of power.

om aim saraswatye namaha

namastasye māta saraswati shārade devi

om narāyani om mātā

amba bhavani shārade jagadamba bhavāni  
shārade

satchidānandani sādhu rakshini

anandani satchidānandani

“From the moment we’re born, we depend on  
the care and affection of our mother and our  
family to survive. This is nothing to do with  
religious practice, it’s simply natural  
behaviour.”



## - His Holiness the Dalai Lama

Sara means an ocean.

Swa means one's own.

Ti means the personification or embodiment.

Saraswati is the embodiment of one's own ocean of experience. All the names which correspond to all the forms, all the knowledge of individual experience make Saraswati one of the most important Goddesses in existence. Saraswati presides over Music, Art, Philosophy, Literature and Creativity in general. She is the Goddess worshipped by all students who long for progress in their studies. Even more than that, she bestows the boon of All Pervading Knowledge to sincere devotees. When we pray to Lakshmi, the Goddess of Wealth, she arrives with Saraswati because without Knowledge, we cannot have wealth. Knowledge leads us to our true wealth. Swami Satyananda Saraswati





**Jai Mahakal**

Sarva mangal mAngalyE  
shivE sarvArthsAdhikE,  
sharnayE tryambakE gaOrE  
nArANi namostutE

सर्व मङ्गल माङ्गल्ये शिवे सर्वार्थ साधिके ।  
शरण्ये त्र्यम्बके गौरी नारायणी नमोऽस्तुते ॥

My admirations to Devi Durga,  
who is all beneficent and an  
eternal source of  
auspiciousness, truly favourable  
in fulfilling all of our desires; I  
bow to and seek refuge to the  
three-eyed fair-complexion  
Narayani devi.

